

Have you always dreamt of teaching, coaching,
designing lesson programs and promoting tennis ?



KINESIS
COACH
CERTIFICATION
PROGRAM

kinesis ®
GET SET. PLAY.

KINESIS COACH CERTIFICATION PROGRAM

If teaching, coaching, designing lesson programs and promoting tennis is something you've dreamt of doing, join us at the KINESIS SPORTS – India's fastest growing tennis training institution.

KINESIS SPORTS Coach Certification Program serves as an educational resource for the ever-evolving game of tennis and helps teachers introduce modern techniques to their players in an atmosphere that combines exercise, education and entertainment.

A world renowned faculty, certified at the highest levels by the USPTA and USPTR, has designed the coaching curriculum. It draws from the best practices of both methodologies and creates a

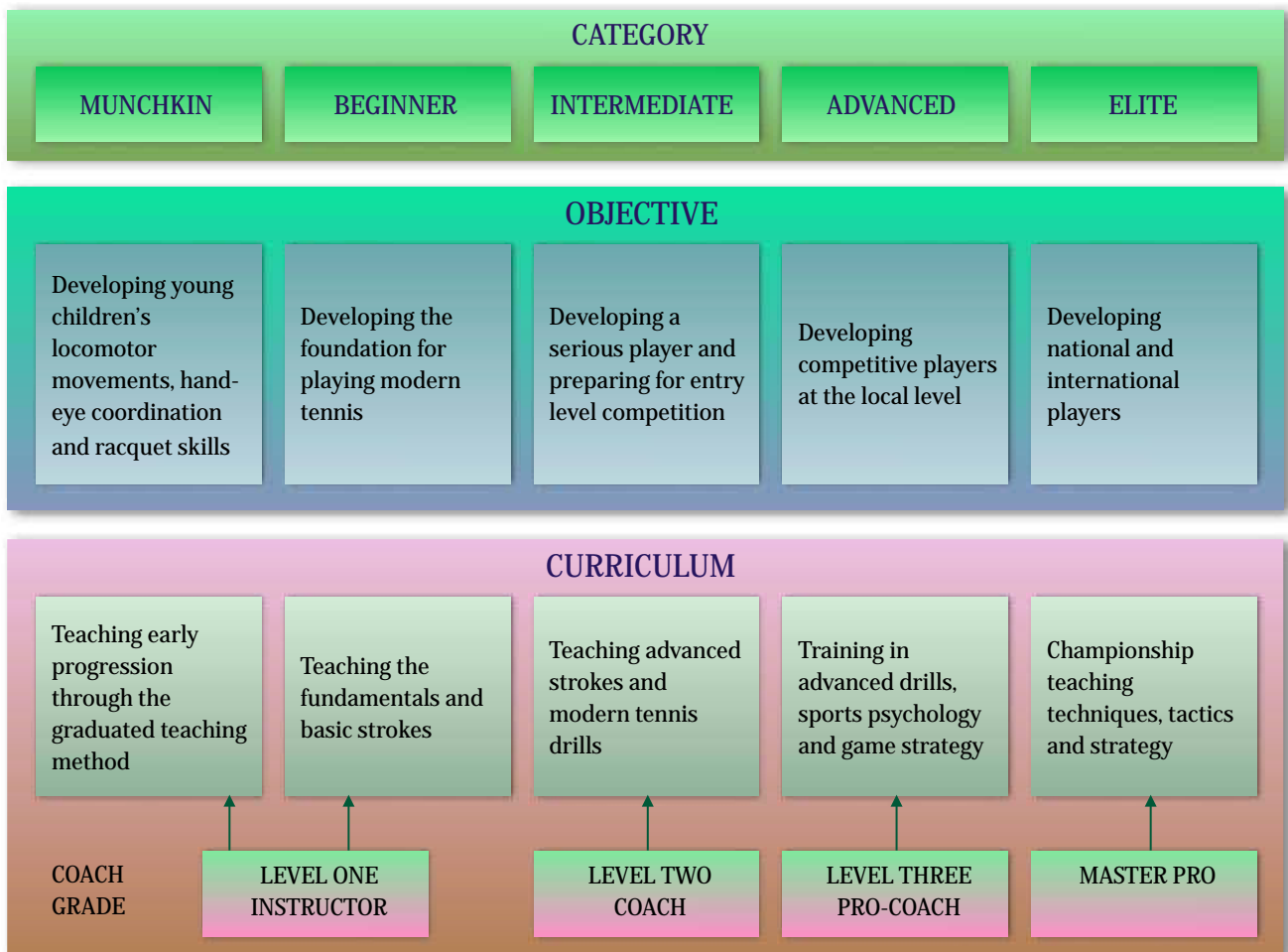
structure that allows the students to pace their learning to their own comfort level.

The teaching methodology is comfortably designed with classes being held over weekends to permit office-goers to attend. The curriculum combines both classroom instruction and live-coaching exercises.

There are four levels of certification, with the highest level of MASTER COACH certification being introduced at a later stage.

The ultimate goal of this program is to build a level of excitement that will help people play tennis and learn as they play for a lifetime.

KINESIS PLAYER & COACH DEVELOPMENT PROGRAM



ELIGIBILITY CRITERIA

- LEVEL ONE:** Excellent Communication Skills And Acceptable Fitness Level
Minimum Graduate Degree
Not required to Have Played Tennis Earlier.
- LEVEL TWO:** Excellent Communication Skills And Good Levels Of Fitness
Minimum Graduate Degree
Should Play Tennis to Minimum NTRP 3.5 Level.
- LEVEL THREE:** Excellent Communication Skills And Good Levels Of Fitness
Minimum Graduate Degree
Should Play Tennis to Minimum NTRP 4.0 Level

The note attached indicates the playing level.

Participants in the program can progress to levels two and three only after certification in the previous levels

COACH CERTIFICATION LEVELS

LEVEL ONE

Designed for Coaching Of
Munchkins and Junior
Beginners

CURRICULUM

BASIC TENNIS GROUND
STROKES

PHYSICAL COORDINATION
BASICS

MUNCHKIN GAMES & CHILD
BEHAVIOUR

COACH TRAINING

There will be 10 hours (spread over a weekend) of instruction by our faculty followed by 10 supervised contact hours with students (to be completed within two weeks).

GRADING

Level One Certification will include a single Written Test once the 20 Hours of Instruction are completed.

LEVEL TWO

Designed for Coaching
Intermediate Level Players
in all Categories

CURRICULUM

ADVANCED STROKES

BASIC DRILLS & CONTROL
DRILLS

BALL FEEDING TECHNIQUES

ERROR DETECTION

TEACHING ABILITY TRAINING

There will be 20 hours (spread over two weekends) of instruction by our faculty followed by 20 supervised contact hours with students. The student contact hours should be completed within SIX weeks.

GRADING

Level TWO Certification will be based on TWO tests – a Error Detection test and a Teaching Ability test once the 20 contact hours are completed.

LEVEL THREE

Designed for Coaching
Advanced Level Players

CURRICULUM

SPECIALITY STROKES

ADVANCED DRILLS

SPORTS PYSCHOLOGY
FUNDAMENTALS

GAME BASED STRATEGIES

LIVE COACH TRAINING

There will be 25 hours of instruction by our faculty (spread over two weekends) followed by 20 supervised contact hours with students. The student contact hours should be completed within SIX weeks.

GRADING

Level THREE Certification will be based on TWO tests – an Advanced Drills test and a Skills test once the 25 contact hours are completed.

FACULTY

PROGRAMME DIRECTOR: Mr. M. KRISHNA KUMAR

DEAN & TECHNICAL ADVISOR: Capt. PAVAN MURTHY

The program is designed by M. Krishna Kumar (USPTR Professional, Executive Coach and specialist in the Inner Coach methodology) in collaboration with Capt. Pavan Murthy (USPTA Master Professional, USPTR Charter Member, USTA).

Other faculty members include:

KEERTHI BASAVARAJU : USPTR Professional, Former International Tennis Player

NALAKA DE SILVA: USPTR Professional, Sports Science & Nutrition Specialist

NIVEDITA RAJAN: Qualified Sports Psychologist, Former National Level Basket Ball Player

REGINALD RAJAN: Fitness Specialist, Former International Basketball Player

FEE STRUCTURE

LEVEL ONE: Rs. 10,000

LEVEL TWO: Rs. 20,000

LEVEL THREE: Rs. 25,000

Fees are payable in one installment at the start of the program.

For those eligible participants who would like to enroll in both Level ONE and Level TWO consecutively, the combined fees will be Rs. 25,000.

PLACEMENT

All successful candidates are assured of part-time employment with Kinesis Sports.

REGISTRATION

THE PROGRAM WILL START ON 23rd JANUARY, 2010

THE LAST DATE FOR REGISTRATION AND PAYMENT OF FEES IS 17th JANUARY, 2010

MODE OF PAYMENT: By cheque favouring KINESIS SPORTS PVT LTD

Participants can Register for the Program by Contacting us on

kk@kinesisnet.com OR calling on +91 98440 30073



KINESIS SPORTS PRIVATE LIMITED

Corp. Off: 1630, E Block, 6th Main,
AECS Layout Kundanahalli, Bangalore - 560 037

www.kinesisnet.com